



Bangkok Hash House Harriers

Bangkok's Premier Hash
Running Since 1997
Men Only

BH3 Yearbook 2022 – 2023



Rollin' rollin' rollin' with
GM Rawhide



BH3 Year Book 2022-2023



BH3 2022-23 Committee

Position	Name	Hashname
GM	Roland Perry	Rawhide
Joint Master	Joost Zwager	Chippendale
Joint Master	Todd Wilkie	Spinning Dwarf
Hash Cash	Stephen Lee	Cums in Spurts
Hash Cash Ass	Jim Eller	Virginia Slim
Hon Sec	Steve Grinham	Gringo
Hon Sec Ass	Ed Checkley	Checkless
Trailmaster	KC Marshment	Boob a Lube
Country Liason Officer	Vichai Suphasomboon	Senator
Hash Flash	Peter Vandenhoucke	Ladyboy
Hash Flash Ass	Chris Smith	Krinkle Kut
Hash Flash Ass #2	Greg Cable	Tickler
Hash Sniff	Chris Hansen	Horny Viking
Mugger	Patrick Clews	Dambuster
Haberdash	Erik Ravn	Captain Erik
Webmaster	Lem Morgan	No Good Boyo
Hash Piss Co-ord	Tiradej Sukunwatna	Porkfinder
Historian	Brian Pope	Le Pope

BH3 Hall of Fame

1977	Bill Panton	1978	Bill Panton	1979	Bill Panton
1980	Richard Ellis	1981	Werner Morf	1982	Tim Hughes
1983	Hugo Steiner	1984	Bob Boulter	1985	Brian Heath
1986	Pitak Chunthong	1987	Vichai Suphasomboon	1988	Roy Cowie
1989	Supon Rattanaporn	1990	Tony Erswell	1991	Angus Worrall
1992	Prabhas Sukunwadna	1993	Wolfgang Dettmann	1994	Pete Petrtie
1995	Max Maxwell	1996	Colin Snow	1997	Neil Hutchinson
1998	Richard White	1999	Ron Thomson	2000	Cengiz Ertuna
2001	Tiradej Sukunwadna	2002	Pansak Vivakornvilas	2003	Paul Underwood
2004	Narest Ratanapinachai	2005	Teerachai Reinsubdee	2006	Andrew MacPherson
2007	Andrew Cunningham	2008	Frank Allum	2009	Vichai Peckardkhao
2010	Mike Rust	2011	Rod Turner	2012	Noah Shepherd
2013	Chris Schulz	2014	Matt Ryder	2015	Tom Ellefsen
2016	Greg Cable	2017	Vinai Seesar	2018	Mike Rickard
2019	Steve Grinham	2020	Peter Vandenhoucke	2021	Erik Ravn
2022	Roland Perry	2023			

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In Memoriam.....

			Joined	Joined	Passed
1	Pe Chunthong	First Lady of the Hash			12-Jun-95
2	Kees Marks		412	25/May/85	Sep-95
3	Derek Enscoe	Desert Island Derek	231	5/Dec/78	26-Apr-97
4	Tim Hughes	Magic	121	27/Oct/79	24-Jan-98
5	Bill Longhurst	Long Bill	985	18/May/96	
6	Ron Watkins	Whorekins			
7	Steve Prentice				1995
8	Fred Sommer		192	7/Mar/78	28-Jun-03
9	Blaise McConnell	Modesty	57	5/Aug/78	14-Nov-03
10	Phrabas Sakunwadna	No-Checks	265	31/Jul/82	20-Dec-03
11	Hugo Steiner	Huge-O	57	5/Aug/78	18-May-07
12	Pitak Chunthong	Piss	58	12/Aug/78	11-Dec-07
13	Jon Rau		691	29/Sep/90	Feb-08
14	Ron Thomson	Winged Dagger	661	24/Feb/90	01-May-08
15	Heinz Braendli		3	9/Jul/77	03-Mar-09
16	Archie Loper	Silver Fox	534	19/Sep/87	25-Mar-09
17	Don "Pete" Petrie	Leaping Wolf	540	31/Oct/87	08-Apr-10
18	Kenny Stanners		1539	30/Dec/06	20-Jan-12
19	Richard Plummer	Raggedy Man	1019	11/Jan/97	24-Mar-13
20	Tom Prendergast				10-Jan-15
21	Dave Woodcck	Pencil Prick	1844	3/Nov/12	08-Jun-15
22	Graeme Bywater	Lens Cap	1312	24/Aug/02	18-Nov-15
23	Johnny Johnson	Condom	768	21/Mar/92	03-Jan-16
24	Angus Worrall	Gus (Steak House)	558	5/Mar/88	11-Apr-16
25	Dick Leary	Lick Dearly			30-Nov-16
26	Paul Mason	Zippy	1085	18/Apr/98	30-Dec-16
27	Pierre Jean Micalet		1912		10-Apr-17
28	Arthur Key		331	5/Nov/83	21-May-18
29	John Stall	Squall	723	11/May/91	22-Jun-18
30	Peter Robinson		1180	12/Feb/00	06-Jan-19
31	Bill Panton	Stumblin Bill	1	11-Jun-77	23-Jun-19
32	Paul Eldred	Lord Luken	1363	16-Aug-03	16-Feb-20
33	Frank Benfield	Whorator			15-Aug-20
34	Roberto Gusman	Forget Me Not	1317	28-Sep-02	23-Apr-21
	Howard Taylor		1	11-Jun-77	

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Grand Master's Report Roland Perry 'Rawhide'

PROLOGUE

Unbeknownst to me, becoming GM of The Bangkok Hash apparently started after I retired to Bangkok, Thailand. So, I packed my bags and headed over.

*Head 'em up, Move 'em out! Rollin', rollin, rollin,
Keep those pogies rollin',
Keep those pogies rollin', Rawhide.
With whips, chains, and leather,
It's S & M together, (Thai Sandwich Body Massages)
Soon they'll lie bloody side by side. Rawhide!
Head 'em up, Move 'em out!*

ACT I

I retired to Thailand in June 2017, The Land of Smiles, to be greeted by two hashers who claimed to know me. Truth be told they only knew me from hashing in South Korea not personally. I had joined The Bangkok Hash Harriers during Bushman's regime whom I met at the 1998 KL Interhash. After hashing for a couple of years in Thailand it became apparent that fake, false, and innuendos about me and my hashing ability to be a GM of any hash in Bangkok was tainted principle by one hasher, the want-a-be God of hashing. You all know who that is.

ACT II

On the BH3 Memorial Run # 2289 on 12 February 2022 the opportunity to be the Acting GM during Captain Erik's regime revealed to the BH3 members of my hashing ability hold a circle and be a BH3 GM or GM of any hash club was nothing more than fake, false, and innuendos by the want-a-be God of hashing, KC, Boob-a-Lube. It also revealed that he is nothing more than a smiley to face backstabbing bully of a hasher who believes any American of diversity cannot be better than him. Yes, I am stating this as a fact. This is also the beginning of his plan to further prevent me from becoming a BH3 GM by volunteering to be the trailmaster, when I became the next BH3 GM.

ACT III – INSURRECTION AND RESISTANCE

After becoming BH3 GM the insurrectionist, began his subversive actions to undermine my GM ship. Since he was allowing me to share a ride with him to BH3 runs he assumed he could constantly tell me who should be the next BH3 GM or JMs, etc. This was in addition to listening to him complained about who runs the trail, who short cuts, etc. Apparently, his thought was I would follow his advice or suggestions. Wrong! I do not follow a cult like person or anyone. I never have followed anyone and never will especially a dictator or authoritarian. I may tag along or tolerate for a period then I move on. Rollin', rollin', rollin', Rawhide.

My first act as BH3 GM was to allow the breaking of checks. I believed that it was time to have checks broken to increase membership and to reduce the two hours or two hours and 30 minutes plus it takes for some members to complete the trail.

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...GM's Report cont...

I only held one committee meeting because it revealed to me negative attitudes by a couple of committee members because I was BH3 GM. So, I ceased holding any more committee meetings.

- An undermining of my decision on outstation fees during the committee meeting for the Nong Khai Outstation by the Hash Cash Ass. This created an email tirade by the outstation co-hare on this run. The Hash Cash Assistant was latter relieved of his duties.
- During my absence on run 2313 the Acting GM, JM Spinning Dwarf, announced that at the start of run that checks are not broken on BH3 runs. After that run there were two hashers who stated they would not return to another BH3 run. They have not returned during my regime
- Returning on run 2314 that Acting GM on run 2313 approached me and asked if I want him to run the circle. That's a no-no. Why would I allow that especially since he was resisting my authorization to break checks on BH3 runs. His resistance to breaking checks continue during my regime that was boldly heard on run 2354.
- Run # 2324 was a good run with a lot of real shiggy and the on-on was also good. However, it was ruin for me by the insurrectionist efforts of staying at the site one hour longer after everyone had left as part of his plan to undermine or takeover my GM ship. This is when I decided that getting rides from this insurrectionist was over and sought my own mode of transport. Did this move upset the insurrectionist?
- Run 2325 was a good run too. During the circle a long time BH3 hashers, Hash Hash, stepped into the circle and commented on why the GM passed a camera around the circle for pictures to be taken and why the Onsec was taking pictures around the circle. Hash Hash, if you would attend BH3 runs more often you would have realized the appointed Hash Flash was not there and had not been attending most of BH3 runs after I became GM. Even the first Hash Flash Assistant was infrequently showing up at runs. Therefore, with the assistance of the Onsec, Tickler, and the GM pictures were taken for BH3 photo albums.
- Why was the appointed Hash Flash not attending BH3 runs?? According to my protected source, the Hash Flash was considering stopping hashing. Why? Apparently, the Hash Flash was being blamed for me becoming GM. This also means that he was being blamed for the GM before me becoming GM of BH3. Who was that person?
- On run 2326 there was a BH3 returner who was given a ride by the insurrectionist. The insurrectionist tried to impress the returner at the run site by stating that I had agreed with one of his suggestions. I categorially denied his statement and his attempt of controlling me and what happens at BH3. In a subsequent effort to embarrass and/or shame me, at the on- on the insurrectionist hilariously commented to the returner about me health condition from Nong Khai. He proved not only to be an insurrectionist but showed that he is an insecure bully.
- The insurrectionist bully was finally called out in the circle on run 2329 and it was recorded in the BH3 Newsletter # 2330. Also, I had my own mode of transport to BH3 runs.
- During the week to run # 2331, the GM had to deal with an email request from Hong Kong Hasher requesting that BH3 set a special city bar hop run for them. I took exception to this request and issued a strong negative email reply for disrespecting The Bangkok Hash. Was this a setup?????

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...GM's Report cont...

- The insurrectionist's attempt to set up an outstation run in Hua Hin to avoid setting run 2351 himself. Why? It had to do with a Harriette who lives in Hua Hin. On run 2349 on-on dinner I was asked by Grannies Tits if had been back to Hua Hin to see the Harriette who was talking to me at the on-on dinner outstation in Phrachuap Kiri Khan that night. I replied! No. The next day, the insurrectionist trailmaster tried a silly attempt to set up an outstation in Hua Hin. I denied his silly attempt.
- The insurrectionist behavior towards BH3 Webmaster for his unwillingness to post an announcement for a walk-through Thailand to help kids by a hasher in Thailand. The webmaster did not want to attend anymore hash runs.
- These negative notes had to be documented to show what this GM had to endure from another hasher simply because he has not been GM of BH3 and did not like the fact that I became a BH3 GM before him. If it was up to me, I would ban this type of hasher. This must be said and documented for those who are already aware of his actions and for future hashers to be made aware. Also, say something to him that he does not like, and his reply to you is, You're not going to ride with me again.

ACT IV – THE GOOD

Despite all the above in ACT III this was a great year of hashing with BH3 supported by all those who signed up and set runs and those who attended. A special thank you to:

- Hashers who set two runs during my regime - (Krinkle Kut, and Vichai Cool). Why? The JMs would not hare an individual run.
- Three great Outstations organizers – Manboobs and Tinker the emailer for Nong Khai; Cunt of Darkness and Checkless for Phrachuap Kiri Khan run across Thailand; and Meegrob and No Good Boyo for Udon Thani.
- The BH3 hashers who cohared more than once.
- Of course, I must mention the once-a-year celebrated Cobra Run by the Senator.
- I didn't forget run 2308 that was set by the Hash Flash before he contemplated renouncing the hash. The semi-outstation in Ayutthaya for his annual 25-kilometer run/trek honoring his father.
- The Christmas Eve run # 2333 that concluded with an on-on river view, fireworks and an on after resulting in hangovers for five. We all made it home safely.
- The returning BH3 hashers who were able to set a run (Roger Me and Dripper)
- The Onsec - Gringo, and Hash Flash Assistant #2 - Tickler, and those who help with taking run photos for BH3 photo album.
- Tiradej - Porkfinder, for acting as Hash Cash Assistant when needed.
- The new member Akira run 2343 with several railroad crossing with oncoming trains. This is where he was name Kamakazie. Maybe he should have been named Trainwreck

...GM's Report cont...

Hashing is supposed to be fun filled with running exercise and arm lifting of beer bottles or beer mugs (Drink it down). A time to relieve stress of all types, and sometimes act like little boys outside having fun. Not to be controlled or dictated to.

EPILOGUE

A special thanks to all the wives, girlfriends, or significant others for allowing the little boys to come out and run BH3 hash runs. So, BH3 harriers I end with a poem or two that you may consider reciting to your wife, girlfriend or significant other or to yourself. They are old poems of yester-year but still show affection to a loved one today or bring back memories of old (Klong Toei, Cowboy, Nana, Pat Pong).

Because hate is legislated . . . written into
the primer and the testament,
shot into our blood and brain like vaccine or vitamins.

Because our day is of time, of hours – and the clock hand turns,
Closes the circle upon us, and black timeless night.
Sucks us in like quicksand, receives us totally –
Without a raincheck or a parachute, a key to heaven or the last long look.

I need love more than ever now ... I need your love,
I need love more than hope or money, wisdom, or a drink.

Because slow negative death withers the world – and only yes.
can turn the tide.

Because love has your face and body ... and your hands are tender
And your mouth is sweet – and God has made no other eyes like yours.

When all the poems on the theme have been written
And all the night and daydreams dreamt, without prophecy or fulfilment.
When hope sustains us no longer ---
Nor being drunk or busy or therapeutically in love keeps us from remembering.

When our new interests, our richer lives ... require quotes.
To qualify their meanings; and however hard we try,
We can exploit our grievances no further to fortify our resolutions –

What will we do to keep madness sulking in the brain?

When we have forgotten even why we parted, if we ever knew it at all –
Remembering, however, when we could sleep naked and be warm together,
Kiss, though with a cold –
When even baby-talk became you Yes,
And everything I said was sweet or funny and everything you did was beautiful.

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...GM's Report cont...

What enslaving cocktail have I sucked
From your full mouth ... to leave me so totally yours!

The red pulp of your kisses is sweet on my tongue as the red
ripe melon meat – yes, even, now,
Though remembered only ... though you are marketing your love.

I have looked too long upon you, too long ...
And with so much love that strangers can see you in my face –
As the sun and vivid colors leave an after-image in the eyes.

Why am I looking at you like this?
Only because I want to remember this,
All this ... the musty glasses and the checkered tablecloth,

Cigarette butts, burnt matches, spilled beer and crumpled napkins.
The juke box – and the sailor with his hands inside the girl's dress.
The strong urine smell –
and the whores and the fairies watching like spiders.

And the way the fingered piano eggs the dancers on to exaggerate,
their coupling gestures. The recorded orgasm of the saxophone.

Hey, bartender ... isn't it about time we had one on the house?

Darling ... oh, I want to remember you always, everywhere –
In a tavern or in church, asleep or taking bath ... I must not ever
Forget the look in your eyes,
When you had drunk and wanted to hurry home and be loved to sleep.

TO THE FUTURE -- *Rawhide.*



JM's Report Todd Wilkie 'Spinning Dwarf'

Congratulations to the Bangkok Hash House Harriers as we complete our 46th year of existence. BH3 has many traditions, one of the foremost is that we are a men-only hash. Downing the steel upon joining (we've all done it), no hares at the run start, singing our one and only circle song, and no mention of other hashes in the circle, are but a few of the longstanding traditions that make BH3 unique.

In the past, quarterly subs were required to be paid by all members until single-run payments became accepted sometime in the late-1990's I believe. So things do change on the BH3.

An unwritten BH3 rule is our GM is always right. So when GM Rawhide decided to abolish a 45 year tradition of never breaking checks, he must be right, right? For every trail this past year, three or four of the front running bastards broke all the checks, leaving the other 20 or so hashers to never need to solve one nor encounter an unbroken check. Where's the fun in that? As a middle of the pack runner, on several runs I never saw more than one or two others for 90% of the trail, a monotonous slog through broken check after broken check. Where's the fun in that? Hopefully the incoming GM will rightfully revert back to the status quo ante. And a pro-tip to hares: an easily solved check serves no purpose.

Given Saturday is our day, we have the time to go further afield to run in virgin green soft-surfaced hashing territory. Kudos to the hares that put in the effort and the recces to find such virgin trails. Thanks Ladyboy, Akira, Porkfinder, Pink Panther, Drunken Donut, Village Idiot, Quickdraw and outstation hares Mee Grob, Manboobs and Codpiece, for your runs that were new to BH3.

Speaking of outstations, wouldn't it be great to partake in another men-only BH3 outstation rather than extravaganzas with unmentionables + joint Siam Sunday runs where BH3 members are heavily outnumbered by those in skirts + non-members.

Gentlemen, thanks to all who hared a run, submitted an entertaining write-up, sponsored a t-shirt, shared some wine or Black Cock at the table, offered a ride to the run, led us in song, paid for everyone's dinner, or served on the committee. Leave your unmentionables, your folding chairs, your knee braces, your walking sticks at home and continue to dash and splash with the Bangkok Hash.

On on,
SD



JM's Report Joost Zwager 'Chippendale'

The job description for Joint Master reads like that of former vice president Dan Quayle or presidential mother Barbara Bush: do as little as possible. Don't grab the spotlight; don't upstage the esteemed Grand Master. Most of all, don't be a Kamala Harris. Last year, as Hash Sniff, I delegated most of the sniffing to my Assistant Sniff Comes in Squirts, for which he was rewarded with the lucrative Hash Cash position. I was promoted to Joint Master ... my second stint as JM.

Recently, on a visit to my home country, I rediscovered my old vaccine passport from growing up in the tropics as a young whippersnapper in the 70s. It stated that my holiday in Thailand took place in June 1977, which makes me wonder how close to Run No.1 – or the even more prestigious Run No.2 – I had come. My parents were worried that Suffle and the Senator would introduce me to Thailand's forbidden delights, therefore my vacation consisted solely of temples, jungles and beaches. Little did I know back then that one day I'd be appointed to a senior position on the BH3.

Over the past year I led three circles. A tough crowd, some hashers reclined on seats looking bored and complaining that the circle was too long, too many downdowns, etc. But feedback was mostly positive. I especially enjoyed having a KL Mother Hash delegation accompanied by Whoremonger participate enthusiastically during the circle. Genuine Hashmen.

On On!

Chippendale

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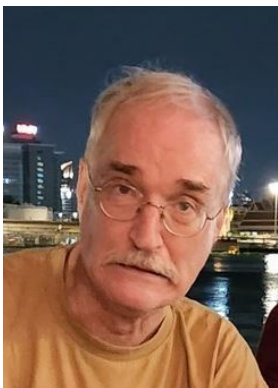
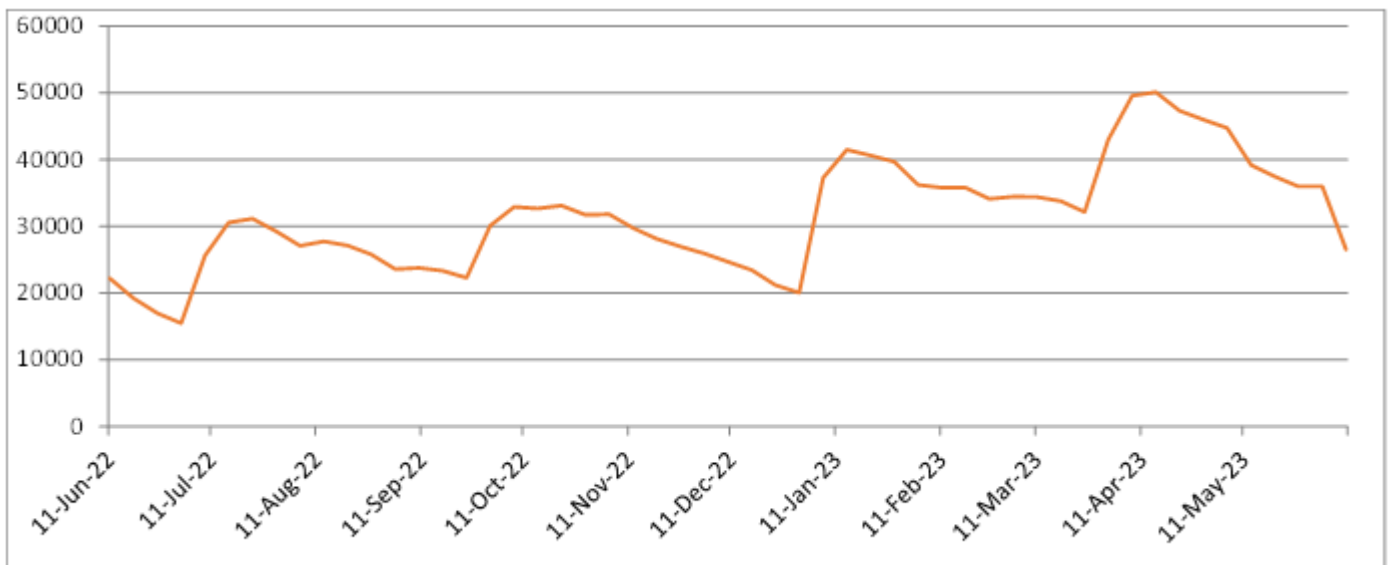
Hash Cash Report Stephen Lee 'Cums In Spurts'

"BH3 Hash Cash belief and value since 1977"
"Equality, Diversity & Prosperity"

Thanks to BH3 for allowing me to become the Hash Cash of the prestigious club 2022-2023 which means I can now afford to feed my family, make a down payment for a Tesla Model X, buy a house with a large sleeping room (bed room), the kids attending the best international school in BKK, some pocket money for Virginia Slim's weekend drinks in Soi Cowboy and Porkfinder's 100% downpayment for his Ford F150.

This could not be achieved without the BH3 dream.

Ask not what BH3 can do for you, ask what you can do for BH3!



Hash Cash Ass Report Jim Eller 'Virginia Slim'

Ed's note..Virginia has been feeling a bit tired and emotional of late what with trying to dispense hash funds to the needy in Soi Cowboy but he does send his best wishes in his usual succinct fashion...f*** o** you c***s!

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Hon Sec's Report Steve Gringham 'Gringo'

Well that went quick...hardly seems like yesterday since I was sobbing over a Leo wondering what was in store as I took over the HonSec's mantle from 4x2...luckily gone are the days of the typewriter, the Roneo copier, licking of the stamps, getting the run directions into the Bangkok Post! We're in a new era and making use of the latest technology ..some of which Hema seems finally to have mastered ...remember Google Maps is your friend!

Moving with the times my predecessor 4x2 had introduced a few innovations which have been continued – the Mailchimp service has been a great help in speeding up the process of compiling the newsletter. While there has been the occasional complaint in some quarter's that they were not getting their newsletter, in all cases the system indicated that it was delivered to their mailbox...so its something to do with their computer settings...don't blame the HonSec!!

Having taken note of many members complaints about the requirement of the hares to appoint a run scribe, this year scribes were chosen from a randomised list of all active members. Overall this system has worked very well and has resulted in 50 different scribes over the year with only a couple of people kindly agreeing to do more than one write up. Well done chaps! To those that didn't get to do a write up..don't worrythe list has been passed to the next HonSec..the tap on the shoulder is coming!

For a bit of fun ChatGPT was tasked with doing a write-up...and found to be totally useless! So rest assured scribes are not going to be replaced in the near term at least!

We also continued publishing just a Google link to the runsites without the detailed run directions...this has also generated zero complaints. Only where the hares have some specific run-site issues do we publish the details.

So thanks to all for help keeping everything up to date and making the HonSec's job easier...Boob's hareline, Tickler's flickr skills, scribes for providing writeups on time..webmaster NGB for the runsite links...and last but no means least thanks to the Onsec's Ass Checkless for standing in when I was unavoidably AWOL...

On on.



Hon Sec Ass Report Ed Checkley 'Checkless'

Elected as a BH3 committee member in a very junior minor capacity as assistant to the Honourable OnSec Gringo, I thought don't worry you will have little to do. Oops when all my seniors run away or fall in action I unexpectedly found myself being the full OnSec and doing the newsletter, which none of you horrible hashers ever read, and even standing in as GM!

There I was on the Nong Khai outstation of June last year innocently trying to enjoy Tinker and Manboobs run when our GM disappeared last seen running towards the Nong Khai hospital with his dick held firmly in his hand. It seems one or more of the nurses had been drinking at Manboobs and Pussy Virus' watering hole in the town and had invited our GM Rawhide into the hospital late that night for some very special treatment that can only be provided in a medical setting.

It must have been an amazing scrotum blowing experience as he was never seen again until later in Bangkok. The GM did finally relent and told his story. As an ex US military contractor and being of African decent, he is endowed with a gigantic prostate gland. So big it is that full evacuation becomes essential every month. In between times he can evacuate in dribbles enough to provide daily relief.

The nurses of Nong Khai had a Mon tribal solution which had been modified to use hospital equipment. This involved some dancing around in circles naked, waving sexual parts about, uttering tribal screams, imbibing pigs blood mixed with herbs, and smoking 'Stuff' Then the various prostrate evacuation machinery was brought into action. Our GM, eyes wide, nostrils flared and mouth stretched into a rictus was strapped onto a couch and endured pipes inserted into all bodily openings. A gigantic bellows was started and the evacuation commenced. Even as he was telling his story the memory brought tears to his eyes. With powerful pulses the various fluids erupted from his body in great big hot smoking streams. The nurses riding his great torso and member like a scene from Moby Dick or a cowboy rodeo show.

After about 30 minutes our GM's screams of pain and pleasure subsided and both he and the nurses collapsed in exhaustion, his now flabby member hanging over the side of the couch, and body fluids plastered all over the floor and ceiling. He was incapacitated and had to be carried back to his hotel room in the dead of night where he lay hiding for the next 24 hours with only the nurses to keep him company and massage his member back into full operation. This is why he was a no-show on the outstation run and your lowly OnSec Ass became stand in GM. Bugger!

On on



Trailmaster's Report KC Marshment 'Boob-a-Lube'

We made it through the year with special help from a few that set multiple trails as well as co hared. With current attendance numbers, hashmen who run regularly need to set more than one run a year - the old axiom of every member setting one run will not get us enough hares. In addition to setting a couple of runs, experienced hashers are needed to help newer members set runs. Please volunteer. The new trailmaster will be provided the list of this year's hares, co hares, and members who did not set a run last year. We do have some members that are honestly not able to set runs but that's to be expected. Special thanks to Tickler and Porkfinder for multiple runs and co hares. Thanks to Cunt of Darkness, Checkless, Manboobs, Tinker, Me Grob, and No Good Boyo for three nice outstations! All in all a successful year.

On on!



RA's Report Vichai Suphasomboon 'The Senator'

Gold price went up from 30250 B in June 2022 to 32,300 B in May 2023, a 6.8% increase. And this trend will continue throughout the year. Those who listen carefully and attentively during the circle, will surely benefit from my analysis and many are rich now, ask Slumdog and Suffle for example.

Tips for Hares when setting future runs:-

1. Please be reminded that drinking alcohol is illegal in all PUBLIC places e.g. roads, streets, footpaths, schools, temples, government offices, parks etc. So find proper private places for parking and running the circle.
2. If you park and start the run from a restaurant, make sure you explain to the owner that we'll have a beer truck supplying small quantity of sponsored beers (not buy and sell) to Hashers after the run. We will drink more beers at the restaurant while we have dinner.
3. It's illegal to throw (trash) shredded papers on the streets especially in densely populated areas. So please use tapioca flour and chalk instead. On the outskirts or in rainy seasons, you may use shredded papers wisely by putting them on lamp posts/electricity poles.

Good luck to the new RA!
RA 2022-2023, The Senator



Hash Flash Report Peter Vandenhouke 'Ladyboy'

Title: The Hilarious Misadventures of the Hash Flash Duo.

Once upon a time, in the wild and wacky world of the Bangkok Hash House Harriers, there were two individuals who made a mark in the annals of hashing history. Our story begins with a Hash Flash who, despite his notorious absence, managed to capture the spirit of the hash in a truly unforgettable way.

Our protagonist, let's call him Harry the Hash Flash (that would be me), had a love-hate relationship with his camera. On one hand, he possessed a genuine passion for capturing the zany moments of the hash runs. On the other hand, his busy schedule left him with little time to join in the frivolity.

But fret not, for where Harry stumbled, his trusty sidekick, Ass, rose to the occasion. Known affectionately as Ass-Hash-Flash, he sported a camera that could only be described as gloriously crappy. Yet, in the most unexpected twist of fate, it turned out to be the perfect tool for documenting the chaos that unfolded during each hash run.

Ass was a master of accidental photography. His shots were often out of focus, awkwardly framed, and seemed to capture the exact moment when participants tripped or landed face-first in the mud. It was as if his camera had developed a mischievous personality of its own, conspiring to make each photo a hilarious masterpiece.

While Harry was busy juggling his personal commitments with a four-letter word that occupied most of his time (work!), Ass-Hash-Flash became a legend among the hashers. His blurry snapshots became the most coveted treasures of the yearbook, eliciting fits of uncontrollable laughter every time they were viewed.

The yearbook committee (aka OnSec) was faced with a conundrum. How could they choose a Hash Flash of the Year when the official Hash Flash, Harry, was seldom present, and Ass-Hash-Flash had inadvertently become the star? It was a dilemma that could only be resolved in true hashing fashion—with a ridiculous competition!

The Great Hash Flash-Off was organized, pitting Harry and Ass against each other in a series of hilarious challenges. From attempting to take a selfie while balancing a beer on their heads to capturing the perfect action shot while simultaneously dodging a water balloon barrage, the contest pushed them to the limits of their absurdity.

In the end, the decision was unanimous—the winner of the coveted title of Hash Flash of the Year was none other than Ass-Hash-Flash. His talent for capturing the most ludicrous and memorable moments had won the hearts and funny bones of the entire hash community.

...cont

And so, dear reader, the Bangkok Hash House Harriers yearbook immortalized the adventures of the Hash Flash duo. The legacy of Harry, the Hash Flash who was hardly present, and Ass-Hash-Flash, the un-nominated hero with his trusty crappy camera, would forever be etched in the history of the hash.

Remember, even in the craziest of circumstances, sometimes the best memories are created when we least expect them. So, here's to Harry, Ass, and their unforgettable escapades—the true embodiment of the spirit of hashing and the joy it brings to all who dare to chase the hare!

OnOn - LB.



Hash Flash Ass Report Chris Smith 'Krinkle Kut'

The GM wanted me
to be the Hash Flash Ass
I tried to show him my Dracula cross but he wouldn't allow it to pass

To get an action shot
I had to run up front
but putting the least able runner up there could have been the last act of a bunt

I tried to do my best
but every time I looked
I only saw stragglers ahead of me there then they ran off and left me quite fooked

A camera was given at last
to take a photo or three
but the front looked the same as the back of the thing so most photos were taken of me

Where was the boss Hash Flash
when I needed him the most?
LB ran with our hashers so rarely that he might have been only a ghost

Then overseas I went
to work for my daily bread
Gringo stepped up taking photos galore, our Hash photos had gone to his head

Then it was Tinker's turn
More photos from the rear
So when I eventually return to our hash t'will have been an incredible year!



Hash Flash Ass #2 Report Greg Cable 'Tickler'

As an unofficial 2nd ass to the flash, I had a remarkable year. How could someone so untalented, takes out of focus pics and walks at the back of the pack be chosen for such an important position. Thank God it is not a recognized committee position! Although I rarely got any action shots of the pack on trail, I did get shots of the trail itself with all of the natural beauty there might be! My award winning photos usually occur at the circle and the silly antics that occur at the on-after. These were normally lubed by "Black Cock" that no one remembers consuming! However, probably my best contribution has been becoming moderately mediocre with the BH3 Flickr website. Now, I can usually transfer photos from my camera and upload to Flickr in less than 4hrs! A true IT accomplishment! In the future please consider the true capabilities of your candidates for the "Flash" positions!

Onon



Hash Sniff Report Chris Hansen 'Horny Viking'

It was not without surprise that I by the outgoing GM was chosen as the new BH3 "Sniff" for this year. Honoured as one naturally would be, the task was taken on with pride.

"Sniffing" is for the uninvited perhaps a simple task.

Meet up a few min before the run, check with KC, whether his extensive on-site reccie's prior to the run have lead to any paper, if so, job done.....

However, as we know, KC often makes his own trails so relying on his findings would naturally not suffice for the esteemed gentlemen of the BH3.

Hence the "Sniff" will for the job to be well done, do it himself. Which is what this years "Sniff" have done, with success. At least we have at each occasion eventually found paper and been on our way, only once where the esteemed gentlemen of the BH3 lead to the in-trail, so a success over all.

On On .



Muggers Report Patrick Clews 'Dambuster'

This year we had some major milestones in mug awards. First up was Porkfinder attaining a record 1700 runs on 10 September (Run 2319). An incredible achievement. For reaching a milestone that other hashers can only dream of, our esteemed Piss Coordinator was awarded a tall pewter mug kindly subsidised by the GM. On On to 2000 runs.



Special delivery, registered mail...



Whoohh. This can hold a decent amount of beer.

In the same month, another major milestone was achieved by Suffle who reached 1000 runs on 24 September (Run 2321). The GM very kindly subsidised a pewter mug - this one with the handle in the shape of a reclining nude which fits the hand nicely.



Rawhide admiring the nude handle craftsmanship



Suffle savouring a down down from his new mug

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Muggers Report cont...

Then yet another 1000 run award this time to Captain Erik achieved on 8 October (Run 2323). The Captain had already received a tall pewter mug from the Monday Hash to commemorate his 80th birthday in January last year so he opted for a Yeti mug. Gold was not available so the nearest was yellow - the BH3 colour.



Captain Erik is congratulated on his 1000th run



A brand new yellow Yeti Mug with rubber base

Next up was Pussy Virus reaching his 400th run on 26th November. His mug, a Yeti mug with a Norwegian theme, is ready but has not yet been awarded. Most likely to be received at the AGM.

Then we have Mudguard who attained his 300th run on 4th February (Run 2340) receiving his mug at an eventful run on 22 April. Note that 300 was not his true run count. Apparently MG joined in the 1980's, ran for a while, and then left. When he returned his run count was taken as zero in the digitised records.



Mudguard with his 300th run trophy



Blurred snapshot of a Yeti mug in action

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Muggers Report cont...

Yeti mugs now have a full yellow logo rather than an outline thanks to Spinning Dwarf's observation that the full colour logos can also be printed as arranged for the Monday Hash. All Yeti mugs will now have the colour logo (see last photo above). However, plain "silver" Yeti mugs were found by BMH3 to be prone to rust. Hence mugs should be ordered in colour where the metal is protected by a coloured lacquer coating - which can still wear away at the base - probably why the mugs come with a basal rubber covering. They also come with a metal straw, useful protection against dogs but not to be carried on planes! Note - some hashers prefer the Yeti mugs over the pewter mugs since the handles can put undue strain on the wrist.

Summary table of Hash Mugs awarded 2022 - 2023.

Hasher	Number	Date	Run	Type	Date Presented	Run
Porkfinder	1700	10-Sep-22	2319	Pewter - Tall	10-Sep-22	2319
Suffle	1000	24-Sep-22	2321	Pewter - Nude	24-Sep-22	2321
Captain Eric	1000	8-Oct-22	2323	Yeti - Yellow	22-Oct-22	2325
Pussy Virus	400	26-Nov-22	2330	Yeti - Red	Not received	
Mudguard	300	4-Feb-23	2340	Yeti-Yellow	22-Apr-23	2351

And finally, special thanks to Muggers Asses Tickler and Boob for kindly delivering mugs to the circle on behalf of the temporarily incapacitated mugger.

Onon



Haberdash Report
Erik Ravn
'Captain Erik'

'It has been a little better than last year still have stock to go forward supplied shirts to some joiner have sold some patches with our logo.'

OnOn From Haberdash Erik Ravn Captain



Webmaster's Report Lem Morgan 'Nogood Boyo'

“Not a lot happens on the website but it does get regularly and religiously updated for each run with a Google Location. More often than not there will be directions for the next two runs, colour differentiated to prevent the lesser abled clicking on the following week's run and ending up at a vacant site. If you are new to Bangkok or want to learn more about this great city you can do no better than check on the recommended bibliography in the 'Bangkok a General History' page of the website. Any more recent and relevant suggestions would be gratefully received.”

On On
'Nogood boyo'
Webmaster BH3

BH3 Website typical sessions per country per month (Apr-May 23)

Sessions per country	Sessions per device		Top Traffic Sources		
	Device	Page Views			
Thailand	644	Mobile	741	Direct	507
United States	70	Desktop	325	Google	281
United Kingdom	9	Tablet	1	BMH3.com	22
Singapore	7			Bing	8
Malaysia	7				
Hong Kong	6				



Hash Piss Co-ordinator Report Tiradej Sukunwatna 'Porkfinder'

Ed's Note...Porkfinder dictated his contribution to your Editor at a recent run....

“Please tell the runners to return their bottles to Hash Piss”

OnOn
Hash Piss Co-ordinator



Hash Historian Report Brian Pope 'Le Pope'

Notable statistics include:

- Porkfinder reached a career 1,740 runs with 83 % attendance. An amazing record
- Porkfinder had 100% attendance this year, followed by Boob-a-Lube on 96 %
- Boob-a-lube hared twice and co-hared seven times. A dedicated hasher.
- Average run attendance remained steady at 22, from last year's 23
- There were seven New Boots.
- There were five T-shirts this year
- The most popular run was the Tinker and Man Boobs' Nong Khai outstation with 42 runners
- There were a total of three Outstations
- This year there were a pack of generous Hares either Paying for or Subsidizing the OnOnOn
-

Other comments include:

Writeups. There have been some great writeups, which all reflected the run and the effort made by the Hare

The Trailmaster prepared a list of Hares and Co-Hares, to avoid missing Co-hares.

Tshirts If the Hare wants his T-shirt to be included in HAGS' photographic record he should send me Large size Tshirt, so it can be photographed.

The Hash Records again relied on Virginia Slim and CumsInSpurts's excellent Weekly Cash Reports.

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Hash Stats courtesy of our Historian

NEW BOOTS 2022/2023				
	Hound	Run No	Date	Comments
1	Anthony Brewer (Spot Of Cum)	2310	09-Jul-22	
2	Akira Nishikori (Kamikaze)	2317	27-Aug-22	
3	Gordon Hamilton (Gogg)	2330	28-Nov-22	8 mins, 34 secs
4	Gregg (Golden Finger Fella)	2335	31-Dec-22	3 mins 40 secs
5	Abhat Kumar (440 V)	2338	21-Jan-23	
6	Jeremiah Lancaster (Leave No Man Behind)	2341	11-Feb-23	3 mins 39 secs
7	Jurgen Hulst (Handcream)	2357	03-Jun-23	7 mins 55 secs

HASH MUGS 2022/2023				
recorded	Hound	Run No	Joined No	Percentage Attendance
1700	Tiradej Sakunwadhna	2319	265	83%
1000	Suphon Rattanaphon	2321	46	44%
1000	Erik Ravn	2323	510	55%
400	Tom Ellefsen	2330	1082	32%
300	Simon Kitchen (run count restarted when rejoined)	2340	617	17%

T-SHIRTS 2022/2023		
Run No	Sponsor	Comment
2306	BH3	Black AGM
2308	Peter Vandenhoecke	Design: Battle of Courtral - 11 July 1302
2309	Marc Lavoie	Nong Khai Outstation Irish Bar Green
2315	Prachuab Outstation - included in run fee	White with red-blue slash
2333	Tiradej Sakunwadhna	Prabhhas Memorial Run - yellow
2345	Vichai Suphasomboon	No 18 Snakehead

ON ON ON DINNER HOSTED/SUBSIDISED BY HARE 2022/2023		
Run No	Sponsor	Comment
2312	KC Marshment	
2314	Teerachai Riensubdee	
2317	Suphon Rattanaphon	
2319	Vichai Petchardkhao	
2322	Louis Harrewijn	
2323	Jeff Gay	Free food, beer and wine
2325	Frank Allum and KC Marshment	Black Cock and Calvados
2328	Bob Boulter	
2329	Mike Lauer	
2330	John Quarby	
2332	Chris Hansen	Seafood
2333	Tiradej Sukunwadhna	
2334	Tom Ellefsen	Christmas special
2335	Steven Lee	
2339	Lem Morgan and Vichai Petchardkhao	with wine
2340	Greg Cable	dinner and whiskey
2341	Ed Checkley	
2345	Vichai Suphasomboon	sponsored pork knuckles
2351	Abhat Kumar and KC Marshment	with red wine and whisky
2352	Colin Snow	dehydrated hare
2354	Carton Ruthing and Chris Hansen	Ribs, meatballs, kebabs

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ATTENDANCE 2022 TO 2023

	Joined	this year 2307 to 2358		career up to 2358			Joined	this year 2307 to 2358		career up to 2358	
Tiradej Sakunwadhna (Pork Finder)	285	52	100%	1,740	83%	Andrew Cunningham (Turd Burglar)	1401	6	12%	270	28%
KC Marshment (Boob a Lube)	1112	50	96%	556	45%	Andy Grob (Mee Grob)	977	5	10%	258	19%
Erik Ravn (Captain Erik)	510	46	88%	1,030	56%	Jim Eller (Virginia Slim)	1853	5	10%	169	33%
Vichai Suphasomboon (Senator)	317	43	83%	1,451	71%	Louis Harrewijn (Moonlight)	1188	5	10%	39	3%
Greg Cable (Tickler)	1518	40	77%	388	46%	Patrick Clews (Dambuster)	2171	5	10%	35	19%
Steve Grinham (Gringo)	1738	39	75%	195	31%	Wolfgang Dettman (Von Nivea)	143	5	10%	1,271	57%
Teerachai Riensubdee (Pink Panther)	123	39	75%	958	43%	Eric Cornille (Dunkin Donut)	1588	4	8%	108	14%
Bob Boulter (Bullet)	81	38	73%	1,645	72%	Lindsay Mulder (Lecherous)	1532	4	8%	164	20%
Roland Perry (Rawhide)	1941	38	73%	157	38%	Martyn Sanderson (Lurch)	1518	4	8%	80	10%
Chris Hansen (Horny Viking)	2089	34	65%	188	70%	Mike Rickard (Whoremonger)	1408	4	8%	274	29%
John Lukens (Tinker)	723	33	63%	462	28%	Neil Hutchinson (Hags)	732	4	8%	554	34%
Todd Wilkie (Spinning Dwarf)	945	29	56%	1,086	77%	Wade Cooper (Antique Roadshow)	880	4	8%	70	5%
Colin Snow (Hema)	306	26	50%	1,035	50%	Benny Hagberg (Witches Tit)	2095	3	6%	79	30%
Simon Kitchen (Mudguard)	617	26	50%	313	18%	Charles Harvie (Wallbanger)	526	3	6%	92	5%
Stephen Lee (Cum In Spurts)	2246	25	48%	67	59%	Chris Moor (Wally)	780	3	6%	385	24%
Ed Checkley (Checkless)	1946	24	46%	144	35%	Derek Tavender (Muff Diver)	1089	3	6%	230	18%
Andrew MacPherson (Agent Orange)	1279	21	40%	671	62%	John Gold (Duke of Puke)	1514	3	6%	39	5%
Ian Potter (Cod Piece)	2194	21	40%	85	52%	Keith Turner (Diarrhea)		3	6%	28	1%
Peter Vandenhoecke (Ladyboy)	1907	20	38%	259	57%	Kevin Meyer (Roger Me)	1775	3	6%	79	14%
Noah Shepherd (4 by 2)	1386	19	37%	321	33%	Maarten Brusselers (Bogdiver)	1389	3	6%	422	43%
Akira Nishikori (Kamikaze)	2317	18	35%	18	43%	Michael Sanders (Snakebite)	2147	3	6%	6	3%
Kevin Casquarelli (Grannies Tits)	2235	17	33%	45	36%	Barry Meese (Knockout Neptune)	2028	2	4%	29	9%
Tom Ellefson (Pussy Virus)	1082	17	33%	407	32%	Ed Howell (Hazukashi)	2207	2	4%	5	3%
Suphon Ruttanaphon (Suffle)	46	16	31%	1,011	44%	Frank Allum (Noriega)	776	2	4%	706	45%
Chris Smith (Krinkle Kut)	2086	15	29%	94	32%	Michel Desloover (Ibo Ibo)	2242	2	4%	3	3%
Marc Lavoie (Manboobs)	613	15	29%	415	24%	Mike Ferdun (Special Ed)	1985	2	4%	35	9%
Vichai Pecharakhaio (Cool)	1284	15	29%	390	36%	Noah Milliken (Anacuntman)	2183	2	4%	55	28%
Holden Lagos (Etaan)	2194	14	27%	59	36%	Richard White (Stumbles)	171	2	4%	910	42%
Joost Zwager (Chippendale)	1009	14	27%	549	41%	Vinai Seesar (Over Sexed)	327	2	4%	925	46%
Lem Morgan (No Good Boyo)	1433	14	27%	362	39%	Bengt Gothlin (Klong Dump)	1952	1	2%	21	5%
Chris Schulz (Bushman)	987	13	25%	516	38%	Chris Maxwell (Ringworm)	758	1	2%	486	30%
Steffen Bach Klausen (Little Spermaid)	2290	13	25%	16	23%	Get Loss		1	2%	1	0%
Carlton Ruthing (Quick Draw)	1943	11	21%	56	13%	Glen Dixon (Thalidoskid)	2236	1	2%	9	7%
Jeff Gay (Bugs)	1462	11	21%	360	40%	Ian Slater (Ajarn Kee Mao)	1635	1	2%	82	11%
Roy Cowie (Wee Jimmie)	211	10	19%	686	32%	John Quarmbly (Dingleberry)	563	1	2%	277	15%
Abhat Kumar (440 volts)	2338	9	17%	9	43%	Kevin McCahill (Chicken Licker)	2179	1	2%	27	15%
Noah Lidman (Hairy Crack)	2180	9	17%	27	15%	Matthew Casquarelli	2283	1	2%	2	3%
Peter Wallbank (Dripper)	1440	9	17%	167	18%	Paul Williams (Tambourine Man)	920	1	2%	456	32%
Mike Lauer (Stiffy)	887	8	15%	128	9%	Richard Padmore (Cathusalem)	1078	1	2%	167	13%
Bruce Weeks (Hash Hash)	1018	7	13%	350	26%	Steve Furst (Tastes Great)	1065	1	2%	193	15%
Vasi Zef (Slumdog)	1654	7	13%	140	20%	Zeth Hylden (Cum Already)	2329	1	2%	1	3%

RUN RECORDS						
No	Date	Hare	Cohare	Location	Nos.	Comment
2307	18-Jun-22	Erik Ravn	Roland Perry	Tara Riverside Rest	21	Hot run on footpaths and roads
2308	25-Jun-22	Peter Vandenhoeke	KC Marshment	Ayutthaya Fiertel Run Walk & Boat run	19	Excellent run - Swamp, rice paddies, roads
2309	02-Jul-22	John Lukens JH	Marc Lavoie JH	OUTSTATION Nong Khai	43	Great Weekend bush, hillclimb, rubber. TSt
2310	09-Jul-22	Kevin Casquarelli	KC Marshment	Ratchapreuk, Ban Kruai, Nonthaburi	18	Good trail with clever checks, Excellent run
2311	16-Jul-22	Eric Cornille	Etaan	Nong Chok. Virgin territory	21	Well laid muddy trail, bridges, road, canal
2312	23-Jul-22	KC Marshment	Peter Vandenhoeke	Krua Sam Yai Rest, Pra Nangklao Bridge	21	A good trail - jungle swamp roads
2313	30-Jul-22	Bruce Weeks	Jim Eller	Uncle Ooh's Rest. PraPadaeng	16	Adventurous run - swamp, jungle, shiggy.
2314	06-Aug-22	Teerachai R	Greg Cable	Bang Bua Thong, Nonthaburi	17	Paddy field bunds, bridges, roads
2315	13-Aug-22	Ian Potter	Ed Checkless	OUTSTATION Prachuap Kiri Khan	23	Great Outstation Run T-shirt
2316	20-Aug-22	Greg Cable		Wat Chak Daeng, Petchahung Soi 10	22	Very good wet run in familiar area
2317	27-Aug-22	Suphon R	Tiradej S	BaanRimSuanRest, Sam Khok, PathumThani	20	Road, bush, shiggy with good checks
2318	03-Sep-22	Noah Shepherd		PraChulaChomklao Fort, Soi SukSawat	20	Boat run AtoB virgin area good checks
2319	10-Sep-22	Vichai P	Lem Morgan	YokYoRest, ThaDinDaeng pier, KhlongSan	27	Wet run on sois - markings washed away
2320	17-Sep-22	Bengt Gothlin		Lat Krabang	22	Klong paths, roads, beerstop
2321	24-Sep-22	Chris Smith	Peter Vandenhoeke	The Fish House, Lat Krabang	22	Sois, klong paths, muddyfields, roads
2322	01-Oct-22	Louis Harrewijn	Marc Lavoie	Skimboards, BanHuaiKum, Chonburi	17	Enjoyable trail - roads, grass, tapioca, rubber
2323	08-Oct-22	Jeff Gay	Greg Cable	LungPornPaMuay Rest, BangKhaRat, Nont.	18	Great run in flooded fields bamboo, bananas
2324	15-Oct-22	Holden Lagos		Jamaica Park, Kh.SonTonNun, Lat Krabang	19	Great run in flooded fields bamboo, bananas
2325	22-Oct-22	Frank Allum	KC Marshment	Wat BangPhung, Phraratcha.16, RatBurana	24	Flooded roads & klong paths, good checks
2326	29-Oct-22	Steve Grinham		NS Gas, Thanon Nimit Mai Soi, Minburi	22	Rice fields, klong paths, roads - checks
2327	05-Nov-22	Charles Harvie	Lem Morgan	Im Pla Pao Rest, Nakornin Rd, Nonthaburi	28	Concrete Rds, paths in familiar area
2328	12-Nov-22	Bob Boulter	John Lukens	NongRee, PhanThong, Chonburi	11	Long drive. Clever checks, great area. Rain
2329	19-Nov-22	Mike Lauer	Marc Lavoie	Thasai Skimboards, Bang Phra, Sri Racha	19	Paths, fields, undergrowth, hills. Great trail
2330	26-Nov-22	John Quarmby		Kia's Rest, Bang Phra, Sri Racha	22	Roads, tracks, orchards, streams. Good trail
2331	03-Dec-22	Andrew McPherson	Vichai S	Wat Praruang Prasit, Sukhapiban 5	25	Roads, rice fields, trees. Outdoor tables
2332	10-Dec-22	Chris Hansen	Carlton Ruthing	Fishing Pond, Samut Prakarn	20	Fish ponds, dirt paths, lots of paper

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...cont

RUN RECORDS						
2333	17-Dec-22	Tiradej S		Nr Pratunam, Bang Yang, Krathum Baen	20	Tracks, fields.Fantastic Prabhas Memorable
2334	24-Dec-22	Tom Ellefsen		Christmas Specil. Parking lot in Chinatown	24	Alleyways and paths with beer stops
2335	31-Dec-22	Steven Lee	KC Marshment	Pattanakarn Soi 53	18	Gardens, plots, tips, klong paths. Good run
2336	07-Jan-23	Kevin Meyer	KC Marshment	Shrimp View Rest,Bang Yai ,Nonthaburi	23	Paddy fields, banna groves. Best run
2337	14-Jan-23	Roy Cowie	Frank Allum	Krungthep Kreetta Golf Course	28	Suburban run, klong paths, Old run markings
2338	21-Jan-23	Lem Morgan	Vichai Cool	Yok Yo Marina Bangkok	22	Well laid in ChinaTown alleys with beerstop,
2339	28-Jan-23	Greg Cable	Teerachai R	TakeingNam Rest, RatchapreukRd, Nonthaburi	24	B to A Orchards, dogs, mubans-old and new
2340	04-Feb-23	Tony Erswell	Lukens/Ruthing	Protestant Cemetary, Charoen Krung Rd	29	32nd Memorial Run. Great run, familiar areas
2341	11-Feb-23	Ed Checkley	Steve Grinham	LiSiYuang Rest, Soi KhumKlao, Lat Krabang	26	Hot run in rice paddies, ditches,
2342	18-Feb-23	Andy Grob	Lem Morgan	OUTSTATION Udon Thani	28	Tapioca, rubber, sugar, paddies, well marked
2343	25-Feb-23	Akira Nishikori	Teradej S	Café de Musketeer	23	Roads,paths,railway,orchard s. Good checks
2344	04-Mar-23	KC Marshment	Peter Vandenhouke	Piyavan Rest, ChiangRaikNoi, Bang Sai	36	Rice fields. Well laid. Mother Hash RRR
2345	11-Mar-23	Vichai S	Andrew MacPherson	Wat Praruang Prasit, Sukhapiban 5	28	No 18 Snakehead Tshirt , fields, bunds
2346	18-Mar-23	Peter Wallbank	Bob Boulter/ Lukens	Im Pla Pao Rest, NakornIn Rd, Nonthaburi	24	Familiar area with welcome beer stop
2347	25-Mar-23	Chris Smith		89/1 Liap Klong Mon Rd. Lat Krabang	16	Good run, ponds, orchards, paths , roads
2348	01-Apr-23	Jim Eller	Todd Wilkie	Fly Bear craft beer, Tha It, Nonthaburi	26	Excellent run, orchards, paths. Free beer
2349	08-Apr-23	Simon Kitchen	Tiradej S	Ban Rim Suan Rest, Sam Khok, Nonthaburi	20	Enjoyable run in paddy klongs, paths roads
2350	15-Apr-23	Chris Schulz		Wat Suk Chai, Minburi	22	Unique hot Songkran run. Rice,orchards
2351	22-Apr-23	Abhay Kumar	KC Marshment	Sois 20-22, Thanon Nimit Mai,KlongSamWa	16	Hot run, dry paddies, klong paths, tracks
2352	29-Apr-23	Colin Snow	John Lukens	Krua Yai Pee, Grannies Rest, Nong Chok	18	Hot Run. paddies, klong paths, roads. 11 km
2353	06-May-23	Stefan Bach Clausen	Ian Potter	Sea Food Rest, Bang Khun Thain	24	B to A. Muddy trails, vines, thorns, red ants
2354	13-May-23	Carlton Ruthing	Chris Hansen	Phraeksa Samut Prakarn	16	dry run. Hot BtoA. Paddy, ponds, tracks
2355	20-May-23	Vichai Cool	Tiradej S	Yok Yor Marina, Tha Din Daeng Rd	14	Stand-in. Semi urban, with good checks
2356	27-May-23	John Lukens	Greg Cable	Lifestyle Noodle Shop, Nong Chok	20	Relaid trail - Paddy, klongs, roads, beer stop
2357	03-Jun-23	Andrew Cunningham	KC Marshment	NS Gas Thanon Nimit Mai Soi 20 Minburi	17	Hot - Good Trail on roads, tracks, paths, rice
2358	10-Jun-23	Joost Zwager JH	Todd Wilkie JH	Tung Ngern Rest, Khlong Khoi, Pak Kret, Nonthaburi	38	Well laid run: paddy,orchards, paths, roads

Average attendance 2022-2023 22

BH3 Year Book 2022-2023



Some Memories....

BH3 ExGMs luncheon 2022 at the British Club
16th December 2022



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Memorial Run 2340 4th February 2023



BH3 Year Book 2022-2023



Nong Khai with Tinker and Manboobs.....



BH3 Year Book 2022-2023



Running across Thailand with Checkless and Codpiece in Prachuap...



BH3 Year Book 2022-2023



Udon Thani with Mee Grob and Nogood Boyo...



BH3 Year Book 2022-2023



7 New boots and three generations....



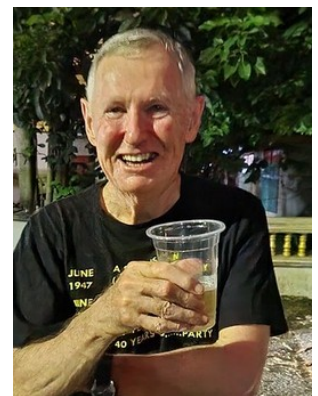
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A few mishaps....



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